



RRCA tracksters exceed expectations at Round Rock ISD track meet

The Round Rock Christian Academy track teams were very competitive at the Round Rock ISD track meet on March 7, 2015. Both the boys and girls teams were the only private school teams in attendance. RRCA was also one of the few schools in attendance that was below the 5A UIL classification. Despite the size differential the Crusaders and Lady Crusaders exceeded Coach Jeremy Wentrcek's expectations.

Coach Wentrcek summarized his team's effort by saying, "We had many personal bests on the day and that's exciting.....we talked all week about competing against ourselves and we did that well." But not only did they compete against themselves, they also hauled in some hardware. Having multiple placers throughout the day, the Crusaders and Lady Crusaders proved that they can be competitive with bigger schools as well.

With the boys and girls teams placing 9th and 6th respectively in the meet, Wentrcek sees potential as his teams move on toward their district meet. "We still need to make some adjustments, but overall we are very optimistic," says Coach Wentrcek in regard to his team's journey to their mid-April appointment at the TAPPS district track meet. Wentrcek also said, "We want to be UNCOMMON! We want to do things the way Christ-like champions do them. That's our main goal."

The Crusaders and Lady Crusaders will compete again this coming Thursday at the Salado High School Track meet. A list of placers and personal bests are listed below.

Boys placers

Adam Plunk: 6th in 3200

Nate Wellauer: 4th in shot put, 5th in discus

Tyler Michael: 6th in 110 hurdles, 6th in 300 hurdles, 6th in 200 dash

Boys Personal Best Performances

Adam Plunk: 3200m run 11.08, 800m dash 2.21, 1600m run 5.18

Tyler Michael: Long Jump 16'8.5", 300 hurdles 47.31, 200m dash 26.08

Nate Wellauer: 110 hurdles 21.43

Emil Brenenstuhl: 3200m run 13.39.81

Girls placers

Rachel Grosser: 6th in long jump

Kendall Sheppard: 1st in long jump, 3rd in 100m dash, 2nd in 200m dash

Cameron Lecates: 3rd in 100 hurdles, 6th in 300 hurdles

4x200 relay placed 6th

Girls Personal Best Performances

Rachel Grosser: shot put 17'11.5", Long Jump 13'7.25", 100m dash 14.81. 200m dash 31.52

Kendall Sheppard: long jump 15'7"

Bekah Fadler: long jump 11'10.5", 800m dash 2.57.68, 400 m dash 74.82

Sarah Grosser: 400m dash 78.62

Kaylee McMillan: 100 hurdles 20.6, 100m dash 15.34, 300 hurdles 65.56

Cameron Lecates: triple jump 26'10", 100 hurdles 18.81, 300 hurdles 55.56

4x200 relay: 2.04.81